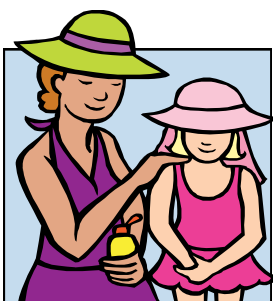




610-359-1649



PENNSYLVANIA AGENCY OF NURSES

"A Hallmark of Tradition and Service Since 1987"

www.pennsylvaniaagencyofnurses.com

E-Mail: panurses@verizon.net

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May 2010



TASK SHEETS

Mandatory changes that effect your pay!
Effective Immediately, All Caregivers are required to fill out the Task Sheet using the **Master Sheet** at our clients' home. Please remember to date and check appropriately. Also remember to indicate your name and the **Clients'** name. If we do not receive both Task Sheet and Time Card the Government will deduct wages.

CONGRATULATIONS TO

Employee of the Month
Norma S .
Norma

IMPORTANT UPCOMING DATES

- May 5 **Cinco de Mayo**
- May 6 **Nurses Day**
National Day of Prayer
- May 9 **Mothers' Day**
- May 31 **Memorial Day**

PAN'S MAY BIRTHDAYS

Weatta B.-J.
Cyrillia G.
Sabrina J.
Ophelia P.
Neni R.

May
Training Guide
Winner :
Marie P.

PAN EMPLOYEE'S:
PLEASE REMEMBER TO HAVE YOUR TIME
CARDS AND TASK SHEETS IN THE OFFICE BY
MONDAY AT 12, SIGNED BY YOUR CLIENT
AND YOURSELF.

Get up and Dance !

High blood pressure(hypertension)increases the workload of your heart and arteries in order to maintain the body's necessary blood flow. Your heart has to pump harder and your arteries have to carry blood that is under greater pressure when you have high blood pressure. Sustained high blood pressure results in your heart and arteries not working as well as they could. Serious health problems, such as stroke, congestive heart failure and heart attack, could also develop as a result of high blood pressure. The risk of having such health problems is greatly increased if, in addition to being hypertensive, you are obese and or sedentary, you smoke or if you have high cholesterol or diabetes.

May birthstone: Emerald
May flower: Lily

